



KIMBERLEY CARDIAC TEST REFERRAL

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PATIENT DETAILS

SURNAME _____ FIRST NAME _____ DATE OF BIRTH / / _____

PHONE _____ EMAIL _____

ADDRESS _____

ABORIGINAL MEDICAL SERVICE _____ BOOK THROUGH ABORIGINAL MEDICAL SERVICE? YES / NO _____

MEDICARE NUMBER _____ MEDICAL RECORD NUMBER _____

INVESTIGATIONS

<input type="checkbox"/> URGENT		BROOME	KUNUNURRA	DERBY	HALLS CREEK	FITZROY CROSSING	BALGO
Echocardiogram	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
ECG Exercise Stress Testing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	INVESTIGATION UNAVAILABLE AT THESE LOCATIONS		
Exercise Echocardiography	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Holter Monitor (24 -72 hour)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Event Monitor (7 day)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
30 Day Event Monitoring	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Ambulatory BP Monitoring	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				

Book patient for follow-up cardiology consultation if indicated by the test results.

CLINICAL NOTES

ARF/RHD _____

REFERRING DOCTOR

NAME _____ SIGNATURE _____ DATE / / _____

PRACTICE _____

PROVIDER NUMBER _____

CONTACT PHONE _____

COPY TO

- | | | | | |
|-------------------------------|--------------------------------|-------------------------------|-------------------------------|--------------------------------|
| <input type="checkbox"/> KAMS | <input type="checkbox"/> BRAMS | <input type="checkbox"/> DAHS | <input type="checkbox"/> YYMS | <input type="checkbox"/> OVAHS |
| <input type="checkbox"/> BDP | <input type="checkbox"/> BMC | <input type="checkbox"/> KMG | <input type="checkbox"/> KM | |

REPORT PREFERENCE

- ELECTRONIC FAX

Echocardiogram *(Duration 45 mins)*

An ECHO is an ultrasound of the heart, is usually painless and does not involve radiation or x-rays. It produces images of your heart muscle, valves, blood vessels and blood flow.

No specific preparation is required. Wear a two piece outfit (or gown), as they will be required to remove your clothing from the waist up.

ECG Exercise Stress Testing *(Duration 30 minutes)*

Exercise stress test is used to assess the likelihood of blockages in the heart arteries. This test involves a treadmill so wear loose comfortable clothing and suitable footwear.

No need to fast, however we recommend that you only have a light breakfast if your test is in the morning or a light lunch if your test is in the afternoon. It is preferable that you do not eat for 4 hours before your test. Avoid stimulants like coffee, tea, and soft drinks that contain caffeine.

Wear a two piece outfit (or gown) suitable for walking, as you may be required to remove your clothing from the waist up. A list of your medications is required. You should ask your referring doctor if current medication should be temporarily stopped before the test.

Exercise Echocardiography *(Duration 60 mins)*

This is a combination of an ultrasound of your heart and a stress test to assess for changes to your heart's function with exercise. This test is used to assess the likelihood of blockages in your heart arteries. This test involves a treadmill so please wear comfortable clothing and suitable footwear.

No need to fast, however we recommend that you only have a light breakfast if your test is in the morning or a light lunch if your test is in the afternoon. It is preferable that you do not eat for 4 hours before your test. Avoid stimulants like coffee, tea, and soft drinks and that contain caffeine.

Wear a two piece outfit (or gown), as you will be required to remove your clothing from the waist up. A list of your medications is required. You should ask your referring doctor if current medication should be temporarily stopped before the test.

* Dobutamine Stress Echo is available at our Broome service. This is another type of Stress Echo used when the patient is unable to exercise on a treadmill. A drug is used to increase the heart rate in situations where exercising is not an option. An intravenous cannula (IV) is inserted in your hand or forearm.

Holter or Event Monitor *(Approximately 15 minutes to attach and 5 minutes to remove. To be left on for the specific recording period.)*

Ambulatory ECG monitoring provides your doctor with a recording of your heart's electrical activity over a specific period. There are two types: Holter monitoring and event monitoring. With Holter monitoring, the recording is continuous over a 24-72 hour period. With event monitoring, the device is worn for 7 or 30 days, but only records when you press the event button. You are encouraged to perform normal daily activities.

Ambulatory BP Monitor *(10 minutes to attach and 5 minutes to remove. To be left on for the 24 hour recording period)*

An ambulatory blood pressure monitor automatically records blood pressure over a 24 hours period, taking recording every 30 minutes during the day and every hour during the night. You are encouraged to perform normal daily activities.

You should shower before the monitor is attached, as you will NOT be able to shower whilst wearing the monitor. The monitor cannot be used in water. Wear a two piece outfit (or gown), preferably loose fitting especially around the upper arm. Do not use talc or body lotion on your upper body. No other imaging (CT, MRI or x-ray) can be performed while the monitor is attached.